



Blood Bank of Hawaii and Calvary by the Sea

Give Blood, It's Safe, It's Simple, It Saves Lives.

Did you know?

→ That **1 in 7** people entering the hospital **WILL use blood**.

→ Over **60%** of the population will need blood in their lifetime, yet only **2%** of Hawaii's people donate blood.

Blood Bank of Hawaii:

- Is a 75 year old not-for-profit organization
- Is the SOLE SUPPLIER of blood to ALL 18 Hawaii hospitals
- Has 1 donor center on Young Street
- Has 1 laboratory on Dillingham Blvd.
- Had 3 mobile buses that deploy into the community EVERY DAY.

Who is eligible to donate blood?

- Have a photo ID with birth date
- Be 18 years or older (or 17 with BBH parental consent form)
- Weigh at least 110 lbs
- Be in good health
 - Can I donate blood if I have high blood pressure? **YES!**
 - Can I donate blood if I have Diabetes? **YES!**
 - Can I donate blood if I have received a tattoo from a state-regulated tattoo shop? **YES!**
 - Can I donate blood if I am currently on allergy, diuretic, sleeping, birth control or blood pressure pills? **YES!**

Donation Process:

- Paperwork (5-7 min.)
- Mini Physical (5-10 min.)
- Collection (5-8 min.)
- Rest and refreshments!



The CBTS Blood Bank Blood Drive!

Sunday, July 17, 2016 from 8:30am - 1:00pm

in the Calvary by the Sea parking lot